

*Camp runs the week
between school and
Camp Carmel!*

Exciting Activities:

*bowling

*miniature golf

*other exciting field
trips

Cost: \$200

(extended care for the
week requires an
additional fee of \$40)



MOUNT CARMEL SPORTS CAMP

Mon. June 13 -
Fri. June 17,
2016



Who: Sports Camp is for students entering grades K through 8. Sports Camp is run by the Mt. Carmel High School athletic department and a certified athletic trainer will be on-site.

Where: Mt. Carmel High School gymnasium and field.

When: Monday, June 13 through Friday, June 17. Camp starts at 8:00 a.m. with extended care available beginning at 7:30 and ends at 4 with extended care until 5:00. No Extended Care on Friday afternoon.

Cost: \$200 per student
\$ 40 extended care fee

Why: Camp focuses on teaching the rules and basic skills needed to play various games and sports in a fun, non-competitive atmosphere.

A Typical Day

7:30—8:00	Extended Care
8:00-8:15	Arrival, attendance, warm-up
8:15-8:30	Stretching
8:30-9:30	Group 1: outdoor soccer Group 2: basketball
9:30-9:45	Water break/snack
9:45-10:45	Group 1: basketball Group 2: outdoor soccer
10:45-11:00	Water break
11:00-12:00	Group 1: softball/baseball Group 2: indoor soccer
12:00-1:00	Lunch (table tennis, foosball, air hockey)
1:00-2:00	Group 1: indoor soccer Group 2: softball/baseball
2:00-2:45	Phys. Ed games
2:45-3:00	Water break/snack
3:00-4:00	Group 1: lacrosse Group 2: flag football
4:00-5:00	Extended care

Lunch

Students may bring their lunch or purchase lunch at school. (Details such as menu and cost will be available later.)

Camp Highlights

- ☞ Camp T-shirt provided
- ☞ Snacks and refreshments sold
- ☞ Spend time in and outdoors
- ☞ Experienced teachers, coaches, and athletes serve as the staff

Please reply as soon as possible—spaces are limited!

Please fill out and return the attached form to the elementary school office marked ATTENTION ATHLETIC DEPT.

For questions call Mike Naunton: 410-238-1176

Student's Name: _____ Current Grade _____
Address: _____ Zip _____
Phone Number: _____ Date of Birth: _____ T-Shirt Size: _____
In case of emergency contact: _____
Mother's Name: _____ Work #: _____
Father's Name: _____ Work #: _____
Person other than parent to contact in case of emergency or if student needs to be dismissed because of illness: _____ Relationship: _____ Phone: _____
Name: _____
During the course of camp it may be necessary to administer first aid, or obtain emergency care for the student. Please sign below to authorize first aid treatment or the calling of an ambulance. (Parent/guardian will be notified immediately.)
Parent Signature: _____ Date: _____

Please note on a separate sheet of paper any medical history the camp would need to be aware of. I hereby acknowledge that my son/daughter will take part in sports camp. I understand that athletics involves physical contact and the proper use of equipment and/or facilities, and the teaching and use of proper techniques does not prevent the possibility of physical injury to participants. I also give my consent for medical care prescribed by a duly licensed doctor of medicine, or other medical facility or provider, for my child in the event of injury or illness during the course of sports camp. This medical care may be given under whatever conditions may exist to preserve the life, limb, or well-being of my child. Acknowledging the above, I state my child has my permission to play at sports camp and to engage in activities related to sports. I also absolve Mt. Carmel Schools, its employees, coaches and counselors from liability for any injuries sustained by my student as a result of participation, unless the injury is caused by gross negligence.

Parent Signature: _____ enclosed is a check for \$200
_____ enclosed is a check for \$240